



Most important school supply? -- A Healthy Smile

Make sure your child's dental health is "school-ready"

- ☑ **Have their first dental check-up by their first birthday** as recommended by the American Dental Association
- ☑ **Yearly HealthCheck exams:** a complete well-child check-up with vision, hearing, dental screens and other developmental checks right for her age and stage by her pediatrician or family doctor
- ☑ **Brushing and flossing teeth daily** helps keep your child's smile healthy

Helping your child be school-ready!



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